

Alwyn offers specialised rehabilitation programs for patients following:

- Orthopaedic surgery
- Recent injury or accident/ Workers Comp./ CTP
- Acute and chronic musculoskeletal disease
- Back pain
- Limitations in mobility/ reconditioning
- Neurological disorders

These programs can be delivered as an inpatient or day patient program



The Alwyn Rehabilitation Hospital

has served the community since 1958. It is an independently owned and operated private hospital dedicated completely to physical rehabilitation.



Visiting Hours

MONDAY - SUNDAY
9AM - 8PM



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**A FULLY ACCREDITED
REHABILITATION
HOSPITAL**

Serving the Community Since 1958

TREATMENTS AVAILABLE

Rehabilitation is a process that aims to maximise your recovery and independence after illness or injury. You are encouraged to consider what you need to be able to do to function safely at home, as this forms the basis of your rehabilitation.

- Therapeutic exercise, strengthening & injury prevention
- Mobility retraining & manual therapy
- Hydrotherapy
- Balance & coordination retraining
- Prescription & training in the use of equipment
- Assessment & retraining in self-care
- Assessment of the home environment & services



GENERAL CRITERIA FOR ADMISSION

- The patient must be medically stable; cognitive ability allows them to participate
- Issues related to mobility, transfers, self-care and continence will be assessed prior to admission to the program
- A referral letter from your Specialist/ GP is required

THE PROGRAM

The overall objective of the rehabilitation program is to return patients to their optimal level of functioning in all areas of daily life. Consequently, the program addresses the patients physical, cognitive and psychological needs. There are two exercise sessions daily to help improve mobility - one in the gym and one in hydrotherapy.

THE DAY PROGRAM

The aim of the day program is to provide a treatment service for those patients who are more independent and do not require in-hospital care. Admission to the program is by referral to the Rehabilitation Physician who will assess all patients

Experience the Alwyn Difference



At Alwyn, you are assured a meaningful experience with personalised programs tailored to you, under the careful direction of Rehabilitation Specialists. Our professional and passionate multidisciplinary team is ready to deliver you the best combination of therapy to achieve your goals.

At Alwyn, we are transforming rehabilitation care. As a small hospital, we are able to offer the individual attention required to make you feel at home. Nestled amongst peaceful landscaped gardens, with restaurant-quality meals, our outstanding facility is setting a new benchmark in quality.



OUR PATIENT-CENTERED APPROACH MEANS WE INVOLVE YOU IN YOUR CARE

